

Prior service maintainers share leadership, time management skills

By Staff Sgt. Ethan Spickler
445th Airlift Wing Public Affairs



Staff Sgt. Ethan Spickler

Staff Sgt. Ryan Davis, 445th Aircraft Maintenance Squadron avionics specialist, troubleshoots communication systems aboard a C-17 Globemaster III aircraft, July 9, 2022, at Wright-Patterson Air Force Base, Ohio.

One of the most important aspects of service that makes Airmen formidable and allows the Air Force to excel is experience. Every Airman's journey is unique and there are many who began their military service in other branches of the armed forces. Many leadership skills translate well from other services, and having diverse Airmen with diverse experiences provides tangible benefits for Air Force. For important and varied career fields like maintenance, these experiences give Airmen the opportunity to learn, grow and lead.

Staff Sgt. Ryan Davis, 445th Aircraft Maintenance Squadron avionics specialist and former Army infantryman said he's enjoyed his transition from the Army to the Air Force Reserve and that it's been a great experience to pass on the leadership skills he learned in the Army.

"It's fulfilling to have the opportunity to work at being a good leader, to help guide others in balancing their responsibilities. It allows us to expedite the learning process a little bit and get people on the fast track to success," Davis said.

Davis was a mortar gunner in the Army infantry. He credits his ability to effectively contribute to

the 445th Airlift Wing with his experiences. One of the most important takeaways he brought over from his prior service was the importance of leadership.

"It's rewarding to take past experiences and help others learn from your successes and your mistakes," said Davis. "That's what being a leader is all about."

Given the demand placed on the skills of Airmen in the maintenance field, it's important that leaders can manage maintenance activities and rely on their Airmen to lead from the front. Davis believes that small team leadership skills that were his focus in the Army contribute to his current view of the Air Force.

"I enjoy doing hands on work and being involved in the process, and I enjoy working in small teams and building relationships with the Airmen I work with," said Davis. "I really appreciate the professionalism of the Air Force at every level. People have taken me under their wing and now I have the opportunity to take younger Airmen under my wing and pay it forward by sharing my experiences with them," Davis said.

The responsibilities of maintenance Airmen are an integral part of the wing mission. From inspecting and troubleshooting equipment to making hands-on repairs and maintaining proper standards, these professionals make sure 445th planes are always ready for flight. Having maintenance Airmen with experience in other branches allows the supplements the Air Force with experience from around the total force.

Another important skill that Airmen learn and apply daily is time management. Different branches operate in ways that can provide unique challenges and can inform how Airmen with that prior experience tackle the day-to-day challenges of the Air Force.

"Some of the most important skills that are needed in today's environment are time management and the ability to prioritize activities," said Tech. Sgt. Bradley Fryman, a communication and navigation technician with the 445th AMXS and prior Navy maintainer.

"What we do requires us to manage stress and also meet and hopefully exceed expectations. How we look at leadership plays a huge role in making our maintenance activities a success," said Fryman.

Fryman believes his experience working on air-

You are the person most responsible for your career

By Col. Hans F. Otto
445th Aerospace Medicine Squadron Commander



I have spent four of my eight Air Force tours so far coming back home to Dayton. As I get ready for another transition away from Wright-Patterson Air Force Base, I reflect back on a few of the lessons learned here in Dayton.

“A little less talk and a lot more action!” One of my senior residents articulated this tidbit of wisdom late one night in the middle of some 36+ hour work day in my internal medicine residency at Wright-Patt Medical Center.

What this former West Point grad was driving at was that we had work to do... talking or even complaining about it, was not going to “git r’ dun.” It was our job to get all the overnight patients admitted from the emergency room, save some lives, get them better and then back to their families and home, if possible.

One wise chief sarcastically joked that one should “never volunteer for anything” ... or at least I think he was being sarcastic. I am sure you will be surprised but there are some people who really do shy away from work and “never volunteer.” I think we wisely ignored this mantra when we volunteered to join the U.S. Air Force, and I think we should continue to volunteer to serve where needed. If not for my volunteering, I would have never gone to South Korea, then Germany as chief of internal medicine and then allergy/immunology fellowship at Lackland AFB then back to WPAFB. I would not have met the amazing people that I did along the way and the lives we got to make better for being where we were together.

“If you need something done, find someone who is busy.” I figured out early in my Air Force career, that if you do a good job, then you will get more to do. Very often, if you focus on your duties, do them well, and limit any buffoonery, then new opportunities will present themselves to you. Life is about a series of choices that build on the choices before. Not all choices are good, but if we learn from the bad ones as well as the good ones, we find we get better and making “good” choices. Then, your future bosses will trust you with more to responsibilities and you will get the opportunity to make an even bigger impact.

“No one is more committed to your career than

you.” I have met countless fantastic colleagues and mentors in my Air Force career. They have varied paths themselves that brought us together. I have realized that you, and most of all you, are the person most responsible for your career and life’s purpose. You have to purposefully and actively manage your career with humble self-advocacy. There are tons of people around you who can and will help you but it is you that must take those actions toward your goals.

“Tie your dreams to a horse that never tires.” For me, service is my love language and helping others provides me meaning and purpose. This means making others’ needs a high priority... but it does not mean you can or even should subservient your own needs. You do have to care for yourself, your mental, physical, spiritual and intellectual wellness so that you can continue to serve. When your purpose and dreams align, then you will find the motivation to persevere through the inevitable challenges that lie ahead.

“The only constant in life is change.” We have to adapt to the constantly changing world or else risk falling behind. This means learning new skills, new systems, processes and continuously trying to be better. If we don’t change with the times, then our adversaries certainly will. When my wife told me she would like to stop moving every few years, I entered civilian private practice in the Cincinnati metro area to enable some stability for our growing family. But I did not stop my military service, nor my education. I earned my flight wings, earned an Master of Business Administration, my physician executive certification and then completed Air War College while growing my civilian practice and providing geographic and financial stability for my family. I was blessed to be selected for an IMA [individual mobilization augmentee] job to the Headquarters U.S. Air Forces in Europe - Air Forces Africa Chief of Aerospace Medicine at Ramstein Air Base, Germany but then after just over one year, I was promoted so I had to find a colonel billet. I was blessed again to find a home back at 445th Airlift Wing as the previous Aerospace Medicine Squadron commander was retiring. Now after nearly three years, I am heading to my new home state of Kentucky to the Kentucky Air National Guard to become their medical group commander. I do not know if or when life will bring me back to Dayton again, but I am grateful for all the time and people I have met here and along the way.



Around the wing...



Staff Sgt. Ethan Spickler



Master Sgt. Patrick O'Reilly

(left) Staff Sgt. Anthony Carreon, an aircraft hydraulics specialist with the 445th Aircraft Maintenance Squadron, changes out a hydraulic line on the engine of a C-17 Globemaster III, July 9, 2022, at Wright-Patterson Air Force Base, Ohio. The hydraulics system on the aircraft conveys liquids through pipes and channels as a source of mechanical control.

(right) Members of the 445th Airlift Wing's 89th Airlift Squadron and 87th Aerial Port Squadron load a C-17 engine onto a C-17 Globemaster III headed to Joint Base Charleston, South Carolina, July 5, 2022.



Capt. Rachel Ingram



Master Sgt. Patrick O'Reilly

(left) Senior Master Sgt. Sean Stump, senior enlisted leader of the 445th Force Support Squadron communications flight, shoots an M4 carbine at the indoor range on Wright-Patterson Air Force Base, Ohio, July 9, 2022.

(right) Tech. Sgt. Jacob McKorkle (left), 445th Security Forces Squadron unit training manager, waits to ambush SFS fire team members, Senior Airmen Jason Howze (middle) and Jorge Escobar (right) during building clearing procedures in a close quarters battle refresher course during the July 10, 2022 unit training assembly at Wright-Patterson Air Force Base, Ohio.



SPOTLIGHT



Rank/Name: 1st Lt. Bilal Temsah

Unit: 445th Security Forces Squadron

Duty Title: Training and Combat Arms Officer in Charge

Hometown: Beirut, Lebanon

Civilian Job: Federal Agent for the U.S. Department of Transportation

Education: Master of Science in international relations from University of Redlands, Bachelor of Science in construction engineering management from California State University at Long Beach, Bachelor of Science in management information technology from American University of Beirut.

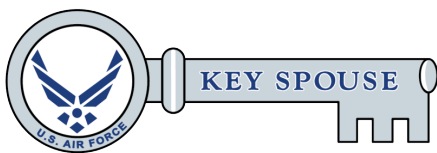
Hobbies: Running, swimming, reading, cooking

Career Goal: My next career goal is to be a foreign area officer. I'm especially interested in the Central Command (CENTCOM) region since I am from there originally.

What do you like about working at the 445th?: I like the morale and positivity. I admire the commitment of the Airmen here. I also appreciate how family-oriented it feels, and that everybody cares about everybody.

Why did you join the Air Force?: I wanted to serve and to give back to the United States for the opportunity to come live here as a citizen. I was born in Beirut and spent a lot of time in the U.S. Embassy as a child because my dad was a federal agent for the U.S. Department of State. That planted a seed in me to want to serve, along with the mentorship of an Air Force Foreign Area Officer (FAO) who also worked there in the U.S. Embassy in Beirut. He made me want to be part of the Air Force, so I've had that goal since I was a kid. Since I arrived in the United States in 2006, I worked hard at my goal of commissioning in the Air Force.

445th AW seeks volunteers to serve in Key Spouse program



The 445th Airlift Wing is looking for volunteers to serve as Key Spouses in various units throughout the wing.

What is a Key Spouse? The Key Spouse is a volunteer selected and appointed in writing by the unit commander to act as an official unit readiness representative. The Key Spouse serves as a trusted agent between unit leadership (commander and first sergeant) and families. The Key Spouse works with unit leadership, Airman and Family Readiness Center, and the

Key Spouse Mentor to plan, coordinate and execute the unit's Key Spouse program through two-way communication and community information and referral. The Key Spouse is an advocate for families.

The 445th Key Spouse team works to ensure that 445th families feel supported by and connected to the wing. The team strives to make sure spouses have everything they need in any given phase of life (your spouse is deploying, you are welcoming a new baby, etc.).

In addition, the team provides peer-to-peer support to unit families; welcomes new families to the unit and cultivates relationships within the unit; and actively participates in unit and installation functions.

If you'd like to be a part of this team, please contact Stephanie Smith, the wing's Key Spouse Mentor, at ssmith2979@gmail.com.



Tech. Sgt. Joel McCullough

Key Spouses from the 445th Airlift Wing pose for a photo during a C-17 Globemaster III tour, May 2, 2021.



LEADERSHIP, from page 1

craft aboard aircraft carriers helped develop his leadership skills and gave him a passion for problem solving. He sees good leadership as a means of accomplishing the mission and setting up younger Airmen for success.

“How we view leadership is key to not getting bogged down with problems and finding solutions instead,” said Fryman. “It was a great choice to come here to the 445th, and I am thankful for the experiences that I have had and the opportunities that I have to bring that experience to the table. I feel like my transition from the Navy to the Air Force allowed me to carry over skills and knowledge to what we do here in ways that they otherwise wouldn’t,” Fryman said.

The valuable contributions made to the Air Force by prior service Airmen from other branches is corroborated by their leadership. Senior Master Sgt. Gerald Sandoval, 445th AMXS aircraft maintenance unit flight chief, sees these Airmen and their experiences as

positive additions to the squadron.

“What I immediately noticed from both Staff Sgt. Davis and Tech Sgt. Fryman was how they utilized some of their culture and skillsets learned as an Army infantry soldier and a Navy aviation technician,” said Sandoval. “They have definitely been noticed by their teammates as well as supervisors as excellent young leaders and go-to technicians who will ensure they are carrying out the mission while always looking out for the safety and well-being of the members around them.”

Airmen like Davis and Fryman that have served in other branches demonstrate that their prior experience matters, not just technically for the jobs they currently perform but also in how they approach people, leadership and the Air Force’s culture of knowledge and problem solving. This relationship between currently serving in the Air Force and bringing over experience from prior service highlights the fact that diverse Airmen with diverse experiences make the Air Force stronger.



Master Sgt. Patrick O'Reilly

Tech. Sgt. Bradley Fryman, 445th Aircraft Maintenance Squadron communication navigation specialist, sets up communication systems equipment aboard a C-17 Globemaster III aircraft, July 9, 2022.

445th Airmen attend Joint Women’s Leadership Symposium



Courtesy photo

Five Airmen from the 445th Airlift Wing attended the Joint Women’s Leadership Symposium, a two-day event hosted by the Sea Services Leadership Association, July 11-12, 2022 in Norfolk, Virginia. More than 800 attendees from all branches of the U.S. Armed Forces and coalition forces participated.

Conference speakers included General Jacqueline Van Ovost, commander, U.S. Transportation Command and Chief Master Sergeant of the Air Force JoAnne Bass. Topics of interest to female service members included leadership and professional development, family, recruiting and retaining military women, military sexual assault, and being an authentic leader. From left to right: Lt. Col. Miranda Laubie, 445th Force Support Squadron, Senior Master Sgt. Sena Walker, 445th Operations Group, Master Sgt. Michelle Caswell, 445th FSS, Staff Sgt. Casey Schlotman 445th Logistics Readiness Squadron and Master Sgt. Kerrie Schutte, 445th OG pose for a photo.



AMDS helps units maintain medical readiness

By Capt. Wilson Wise
445th Airlift Wing Public Affairs

Reservists at the 445th Airlift Wing have an obligation to be ready to perform their primary duties and to be able to deploy with 72 hours' notice. The 445th Aerospace Medicine Squadron is tasked with ensuring Airmen are medically ready.

To help Airmen remain current, notifications are sent to members.

One of the ways Airmen are notified is through the Aeromedical Services Information Management System (ASIMS). ASIMS provides a "MyIMR" page for Air Force members to access their Individual Medical Readiness (IMR) status at any time. In addition, the page also includes information regarding deployment related medical requirements and other medical programs supported by ASIMS. More information about "MyIMR" is available at: <https://asimsimr.health.mil/imr/myimr.aspx>

ASIMS sends twice monthly email notifications to Air Force members who are due or overdue for any IMR or Deployment Health Assessment (DHA) item. The emails are sent to members' official .mil duty email address as listed in the virtual MPF. Please note that emails are not sent to .com addresses like yahoo.com or gmail.com. Due to Department of Defense health privacy regulations, the content of the email is generic. The email will say if you are due for one or more required readiness items and will include a link to the MyIMR page where you can see the details. Even if you don't get an email, you can check your MyIMR page at any time, using the link listed in the Intro section.

What is required for Reservists to stay medically ready?

Dental Exam- Reservists are required to complete a dental checkup annually at a civilian dentist and every three years by an Air Force provider. The provider should complete the DD Form 2813 and each member should email the completed form to the AMDS organization email 445.AMDS.SGD@us.af.mil. If needed, dental insurance is available to service members through Tricare.

Physical Exam- Reservists are required to complete a physical health assessment questionnaire (PHAQ) each year. Previously, there was a 3 year in-person PHA requirement but that has been waived. There are annual requirements for flyers and other occupational shops on an as needed basis.

Mental Health Screening- Upon the completion of the PHAQ, all Airmen should set up a mental health screening through LHI. Instructions are given at the completion of the PHAQ and you can create an account through their website at <https://lhi.care/start>

Labs- Reservists are required to have lab work performed as required. These include but are not limited to bloodwork, vaccinations and hearing tests.

It is the responsibility of every Airman to ensure they are personally medically ready. To assist in this process, each local squadron has a unit health monitor (UHM) who monitors medical readiness on behalf of the commander. The UHM is a key additional duty to ensure the wing is operating in mission ready status and that the wing commander has the troops available to perform whatever 445th missions come up.

Col. Hans Otto, 445th AMDS squadron commander, is proud of the work of his team. "The professional medics of AMDS are always helping our wing members be medically ready, whatever it takes, for the next fight which could be tomorrow," he said.

Since the beginning of the COVID-19 pandemic in early 2020, AMDS under Otto's leadership has had to quickly adapt to ever-changing operational environments. Tele-working, alternating UTA's, and manning limitations made it more difficult to ensure that everyone was medically ready during a difficult time.

"Over the last few years we've seen the medics band together despite very difficult times to not only survive but to thrive," Otto said.



Senior Airman Angela Jackson

Master Sgt. Aubrey Booher (right), 445th Aerospace Medicine Squadron, checks in Tech. Sgt. Tyler Williams (left), 445th Maintenance Squadron technician, at the Wright-Patterson Air Force Base Medical Center during the July 9, 2022 unit training assembly.



News Briefs

Family Day

The 445th Airlift Wing will host its Family Day picnic Saturday, Sept. 10, 2022 from 11:30 a.m. to 4 p.m. at Hangar 4016.

Enjoy a day of food, fun and fellowship.

Food and beverages will be provided. Lunch will be served at noon. There will be games and activities for all ages including bouncy houses and a dunk tank. A C-17 Globemaster III and other military vehicles will be on display.

Families may visit members' work centers at 11 a.m.

Promotions

Master Sergeant
Rebecca Zimmerman, LRS

Technical Sergeant
Matthew Miklasevich, AMXS

Carlos Montilva, FSS
Sean Reese, AMDS
Adam Sigrist, ASTS
Logan Wild, AES

Staff Sergeant
Gerardo Diaz-Contreras, MXS

Emanuel Hall, FSS
Donald Ledman, MXS
David Lewis, CES
Javon Lovett, ASTS
Kevin Pargeon, AMXS
Dennis Robbins, CES
Brice Sherburne, MXS

Zane Smith, ASTS

Senior Airman
Haley Andrews, ASTS
Olivia Pietras, ASTS
Airman First Class
Briana Culver, AMDS
Kasin Davis-Hughes, CES
Andrew Rose, CES
Madison Vordemthorsen, AES
Anhali Wadhwa, 87 APS
Abigail Webber, ASTS

Airman
Brady Anderson, CES
Dorian Poling, CES

Retirement
MSgt Micheal Tungate, LRS

Buckeye Flyer

445th Airlift Wing Editorial Staff

Col. Raymond Smith, Jr.
Commander
Lt. Col. Cynthia Harris
Chief, Public Affairs
Stacy Vaughn
Public Affairs Specialist
Patrick O'Reilly
Public Affairs Assistant

5439 McCormick Ave.
WPAFB, OH 45433-5132
Building 4010, Room 171
937-257-5784

445AW.PA2@us.af.mil

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Comptroller Services Portal goes live Sept 1st

The Comptroller Services Portal (CSP) will go LIVE for the 445th Airlift Wing, Sept. 1, 2022.

The CSP is a user-friendly interface that delivers virtual financial management customer service to Air Force Airmen, where and when you need it. The site is secure and fully protects Personally Identifiable Information (PII).

CSP does not require VPN access but does require a CAC reader when using a personal computer. Members will be prompted to review their user profile and make any necessary updates (2-3 minute process) before submitting their initial request.

This self-help tool pulls information from a customer's CAC to catalog key documents and pay information. CSP ca-



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Pay Inquiries Submit all AFRC military pay, travel pay inquiries on your schedule	Inquiry Tracking Track your inquiry from start to finish with notifications alerting you of status changes	Self-Service Find answers to your most pertinent questions all in one place, without the wait

Visit the Comptroller Services Portal (CSP) and set up your profile today at
USAF.DPS.MIL/TEAMS/saffmCSP/portal
CAC enabled device required

SAF FM

pabilities include:

- Create and submit Air Force military pay and travel pay inquiries on your schedule
- Track your inquiry from start to finish with notifications alerting you of status changes
- Searchable knowledge articles enabling you to find answers to your most pertinent questions without the wait for easy self-service

Everyone is encouraged to use CSP as walk-in customer service hours will be limited to allow FM time to process documents through CSP.

To get started, visit the CSP Sept. 1, 2022 at: usaf.dps.mil/teams/saffmCSP/portal/ using a CAC-enabled device.

Please call the 445th FM office at 937-904-3036 if you have questions.



445th AW transports donated fire truck bound for Belize

By Stacy Vaughn
445th Airlift Wing Public Affairs

The 445th Airlift Wing fulfilled the last wish of a man who recently passed away by transporting a fire truck he donated through the Denton Program bound for Belize July 5, 2022.

James York, III, started the process to have the donated fire truck flown to Belize through the Denton Program but passed away in March of this year soon after his request was approved. His daughters, Holly Monast and Hannah York, wanted to honor his wishes of seeing his plan accomplished.

The 445th AW loaded the fire truck into one of the wing's C-17 Globemaster III as both daughters watched. It was then flown to Joint Base Charleston, S.C., where it was prepositioned for transport to Belize.

Monast said this is the fourth fire truck her father donated to Belize.

"My father was a volunteer fire fighter when he was in his 20s. In 2013, he went to Belize to be in a warm spot. While there, he found out they didn't have a working fire truck. From that point on, he started donating fire trucks to Belize," Monast added.

She started working with Denton Operations at

Joint Base Charleston soon after her father passed away to see his wish fulfilled.

The fire truck was flown by the 315th Airlift Wing to Belize July 11, 2022. It landed at Belize's Phillip S. W. Goldson International Airport with its final destination of Caye Caulker, a small island off the coast of Belize.

This particular fire truck will go to the north island of Caye Caulker.

Back in November of 2017, York came to Wright-Patterson Air Force Base to watch one of his donated fire trucks loaded on board a 445th AW C-17 before flying to Belize. The fire truck was delivered to the south island of Caye Caulker.

The Denton Program provides transportation for approved humanitarian assistance commodities destined for approved countries. Approved countries include those that are sup-

ported by Department of Defense transportation services, and where civil systems, local infrastructure and the supply chain will support immediate onward distribution of the commodities.



Master Sgt. Patrick O'Reilly

A fire truck headed to Belize is loaded onto a 445th Airlift Wing C-17 Globemaster III, July 5, 2022 as part of a Denton Program movement. (inset) Photo of the late James York, III who donated the fire truck.

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BUILDING 4014, ROOM 113
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